

Willow Therapy Farm

Self and Social Leadership Programmes for Schools



Willow Therapy Farm

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A fun and unique journey of Self Discovery.

About the Programme.

The Willow Therapy Farm Peer Leadership Programme incorporates purpose designed activities that bring about experiences to generate Self Discovery and increase Self and Social Responsibility.

Students participate in activities that include Rope courses, team activities and Equine Assisted activities.

The programme can also be developed to meet the curriculum of the attending school, or can be solutions focused to address specific needs.

All programmes are developed and facilitated by a Child Behavioural and Emotion Regulation Therapist.

- Increases “Self “ Understanding.
- Improves Empathy.
- Encourages Peer engagement.
- Teaches Self and Social Leadership Skills.

Activities



Contact Debbie Rowberry for further information.